INSIGHT DAY 1				
Venue:St. Johns	Date:04/07/2019 Time: Duration:1 hr	No of participants:4	Type of Activity:Cmty	
<u>Details</u> If four things are followed - having a great aim, acquiring knowledge, hard work, and				

-A. P. J. Abdul Kalam

perseverance - then anything can be achieved.



INSIGHT DAY 1				
Venue:St. Johns	Date:05/07/2019 Time: Duration:1 hr	No of participants:4	Type of Activity:Cmty	
	<u><u></u></u>	<u>etails</u>		
If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.				

-A. P. J. Abdul Kalam



	HELP DESK DAY 1				
Venue:SCTCE	Date:09/07/2019 Time:09:30am-3.30pm Duration:6hrs	No of participants:3	Type of Activity:Cmty		
	<u>D</u>	<u>etails</u>			
"There is no ex	ercise better for the heart t — Joh	han reaching down and n Holmes	lifting people up."		
NSS SCTCE orga	anized a help desk at the ca	mpus on 9/07/2019 at t	he college premises		

NSS SCTCE organized a help desk at the campus on 9/07/2019 at the college premises intended to be beneficial for the students who are new to the world of a college education. The volunteers of NSS SCTCE mingled with the freshers putting them at ease while providing them insight into the working of the college as well as the various conducts expected of them in the college. The help desk helped the students get adjusted to the institution and enabled them to complete the registration procedures dismissing the complexities that the freshers might have endured. Reaffirming its stand on a Greener Future, NSS SCTCE distributed seeds to the new students.

HELP DESK DAY 2							
Venue:SCTCE	Date:10/07/2019 Time:09:30am-3.30pm Duration:6hrs	No of participants:4	Type of Activity:Cmty				
	D	etails					
"There is no ex	ercise better for the heart t — Joh	han reaching down and n Holmes	l lifting people up."				
NSS SCTCE organized a help desk at the campus on 10/07/2019 at the college premises intended to be beneficial for the students who are new to the world of a college							
	volunteers of NSS SCTCE m		_				
	them insight into the work	-					
-	ted of them in the college.						
adjusted to the	institution and enabled the	em to complete the reg	adjusted to the institution and enabled them to complete the registration procedures				

dismissing the complexities that the freshers might have endured. Reaffirming its stand on a Greener Future, NSS SCTCE distributed seeds to the new students.

INSIGHT DAY 3				
Venue:St. Johns	Date:10/07/2019 Time: Duration:1 hr	No of participants:2	Type of Activity:Cmty	
Dataila				

<u>Details</u>

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.

-A. P. J. Abdul Kalam



INSIGHT DAY 3				
Venue:St. Johns	Date:11/07/2019 Time: Duration:1 hr	No of participants:1	Type of Activity:Cmty	
Details				

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.



-A. P. J. Abdul Kalam

INSIGHT DAY 5				
Venue:St. Johns	Date:12/07/2019 Time: Duration:1 hr	No of participants:1	Type of Activity:Cmty	
Details				

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.

-A. P. J. Abdul Kalam



INSIGHT DAY 6			
Venue:St. Johns	Date:18/07/2019 Time: Duration:1 hr	No of participants:2	Type of Activity:Cmty

Details

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.

- <image>
- -A. P. J. Abdul Kalam

INSIGHT DAY 7				
Venue:St. Johns	Date:19/07/2019 Time: Duration:1 hr	No of participants:1	Type of Activity:Cmty	

Details

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.



-A. P. J. Abdul Kalam

	TSL DAY 1				
Venue:Central Stadium	Date:26/07/2019 Time:08:00am-02:00pm Duration:6 hrs	No of participants:8	Type of Activity:Cmty		
		Details			
"Everyone has	the fire, but the champions $-A$	know when to ignite the Amit Ray	e spark."		
conducted a sk The event was of the program Various dignit	in association with Triv ating competition for the s held at Central Stadium. T n aiding the officials in e aries were present during capabilities of the official	katers hailing from vari The volunteers ensured to nsuring that the events the events. The prese	ous districts of Kerala. the smooth functioning s are conducted fairly. ence of the volunteers		

	TSL DAY 2				
Venue:Central Stadium	Date:27/07/2019 Time:08:00am-02:00pm Duration:6 hrs	No of participants:8	Type of Activity:Cmty		
	<u> </u>	<u>etails</u>			
"Everyone has	the fire, but the champions $-A$	know when to ignite th Amit Ray	e spark."		
conducted a sk The event was of the program Various dignit	in association with Triv- ating competition for the s held at Central Stadium. T n aiding the officials in e aries were present during capabilities of the official	katers hailing from var The volunteers ensured nsuring that the event the events. The prese	ious districts of Kerala. the smooth functioning s are conducted fairly. ence of the volunteers		

	<u>TSL</u>	<u>. DAY 3</u>	
Venue:Central Stadium	Date:28/07/2019 Time:08:00am-02:00pm Duration:6 hrs	No of participants:8	Type of Activity:Cmty
			<u>Details</u>
"Everyc	The has the fire, but the char $-A$	mpions know when to i	gnite the spark."
conducted a sk The event was of the program Various dignit	in association with Triva ating competition for the sing held at Central Stadium. The aiding the officials in e aries were present during capabilities of the officials	katers hailing from var The volunteers ensured nsuring that the event the events. The prese	ious districts of Kerala. the smooth functioning s are conducted fairly. ence of the volunteers

participants.

HOME FOR HOMELESS NSS SCTCE

(UNIT NO.-225,527)

NSS-SCTCE as a part of it's*'Home for Homeless'* project finished building a home for Sunitha Kumari, a resident of Kanjiram kulam and her three daughters.

Debilitated by blindness since birth made worse by the on set of several acute illnesses later, Sunitha Kumari lived a life fraught with difficulties . The design was provided by Habitat Technology group .To mark the completion of this project, a key handing ceremony was held on 29th July 2019.The ceremony was graced with the presence of several dignitaries.

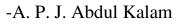
The presidential address was given by the honourable Nemom MLA Shri O. Rajagopal . The key was handed over by the honourable Neyyatinkara MLA Shri K Ansalan and the monthly provisioncy kit was handed over by Padmshree Shri.G Sankar , founder and chairman of habitat technology group.

NSS regional director sri Sajith Babu addressed the students and handed over momentos to two ex volunteers, who had actively lead the project towards its completion.

Venue: CottonDate:01/08/2019No of participants:3Type ofVenue: CottonTime:Activity	INSIGHT DAY 8			
Venue. ContonTime.HillDuration:1 hr	e of vity:Cmty			

Details

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.





INSIGHT DAY 9			
Venue:St.Johns		No of participants:2	Type of Activity:Cmty
Details			
If four things are followed - having a great aim, acquiring knowledge, hard work, and			

perseverance - then anything can be achieved.

-A. P. J. Abdul Kalam



HIROSHIMA DAY			
Venue:SCTCE	Date:10/07/2019 Time:04:30pm-05.30pm Duration:1hr	No of participants:78	Type of Activity:Campus
		o <u>etails</u>	
"I destroy my e	enemies when I make them	my friends "	

Reaffirming their stand on peace and happiness, The volunteers of NSS SCTCE remembered the civilians of Hiroshima who became victims when Hiroshima was devastated by "Little Boy". Standing in solidarity for the victims, Hiroshima day was observed on 06/08/2019 at the college premises. NSS SCTCE remembered Sadako Sasaki who succumbed to leukemia in the aftermath of the nuclear explosion. The volunteers made paper cranes in the memory of Sadako who made paper cranes to pray for her life. The volunteers expressed their willingness to work for establishing peace in the world.

SEED GIVING PROGRAM				
	Date:07/08/2019	No of participants:53	Type of	
Venue:SCTCE	Time:4.30pm-5.30pm		Activity:Campus	
	Duration:1 hr			
	D	etails		
<i></i>				
5	oal of farming is not the gr	owing of crops, but the	cultivation and	
perfection of h	ıman beings."			
Masanobu Fukuoka				
NSS SCTCE orga	anized a program in which s	seeds were distributed to	o second-year	
students on the 7th of August 2019 from 4.30pm to 5.30 pm at the college premises.				
The event was	organized to promote agric	ultural habits among the	e younger generation.	
The students w	ere provided with seeds th	at they could cultivate v	which would provide a	
yield during the	onam Festival that could	curtail the dependency of	of the state on food	
imports from o	ther states. The participant	s were enthusiastic and	were determined to	
make the chan	ge in the society.			

INSIGHT DAY 10			
Venue:St.Johns	Date:07/08/2019 Time: Duration:1 hr	No of participants:2	Type of Activity:Cmty

Details

If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.



-A. P. J. Abdul Kalam

FLOOD RELIEF DAY 1			
Date:11/08/2019 Time:10:00am-04:00pm Duration:6hrs	No of participants:	Type of Activity:Campus	
D	etails		
f life is not to be happy. It i to have it make some diff			
		- Ralph Waldo Emerson	
ans	sported to flood-affecte	ted a collection drive for the accumulation of sported to flood-affected regions of the state. 98/2019 at SCTCE from 10:00 am to 04:00 pm.	

took part in the drive, contributing items and also collecting the items from many homes in the neighborhood. NSS SCTCE realized the importance of its contribution which would be crucial to the survival of fellow citizens of the country.

FLOOD RELIEF DAY 2			
Venue:SCTCE	Date:12/08/2019 Time:10:00am-04:00pm Duration:6hrs	No of participants:	Type of Activity:Campus
Details			

"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."



– Barack Obama

NSS SCTCE conducted a collection drive for the accumulation of vital materials so that they could be transported to flood-affected regions of the state. The drive was conducted on 12/08/2019 at SCTCE from 10:00 am to 04:00 pm. The volunteers actively took part in the drive, contributing items and also collecting the items from many homes in the neighborhood. NSS SCTCE realized the importance of its contribution which would be crucial to the survival of fellow citizens of the country.

FLOOD RELIEF DAY 2 Venue:SCTCE Date:13/08/2019 Time:04:30pm-05:30pm Duration:1hr No of participants: Type of Activity:Campus

<u>Details</u>

"I don't want to live in the kind of world where we don't look out for each other. Not just the people that are close to us, but anybody who needs a helping hand. I cant change the way anybody else thinks, or what they choose to do, but I can do my bit."

<image>

— CHARLES DE LINT

NSS SCTCE conducted a collection drive for the accumulation of vital materials so that they could be transported to flood-affected regions of the state. The drive was conducted on 12/08/2019 at SCTCE from 10:00 am to 04:00 pm. The volunteers actively took part in the drive, contributing items and also collecting the items from many homes in the neighborhood. NSS SCTCE realized the importance of its contribution which would be crucial to the survival of fellow citizens of the country.

YOUTH DAY			
Venue:SCTCE	Date:14/08/2019 Time:03:00pm-04:00pm Duration:1 hr	No of participants:	Type of Activity:Ortn

<u>Details</u>

Every form of addiction is bad, no matter whether the narcotic be alcohol or morphine or idealism.

-Carl Jung



NSS SCTCE celebrated Anti-Narcotics day on 14/08/2019 from 3 pm to 4 pm at the college premises to combat the use of narcotics among the younger generation of the country. The volunteers were enlightened by the presence of Director General of Prisons Department, Rishi Raj Singh IPS which reinforced the morale of the participants. The participants were alarmed when they became aware that the drug cartels were used to fund terrorism aside from the heinous effects it does to an individual and the society. The volunteers pledged to fight against this and eradicate such social evil.

	INDEPENDENCE DAY				
Venue:SCTCE	Date:15/08/2019 Time:08:30am-09:30am Duration:1hr	No of participants:40	Type of Activity:Campus		
	<u>_</u>	<u>Details</u>			
	od does not rage, then it is ith,if it is not of service to t		r veins. For what is Chandra Shekhar		
1			Azad		

NSS SCTCE celebrated Independence day to commemorate the 73rd Independence day of India. The program was conducted at SCTCE from 08:30 am to 09:30 am. The flag was hoisted by the Principal of SCTCE in the presence of Program Officers as well as NSS volunteers. Sweets were distributed among the students to celebrate the beautiful event in Indian history. The participants saluted the sacrifices that were made by freedom fighters to achieve this Independence. The volunteers pledged that they would make India proud.

FIRST YEAR ORIENTATION

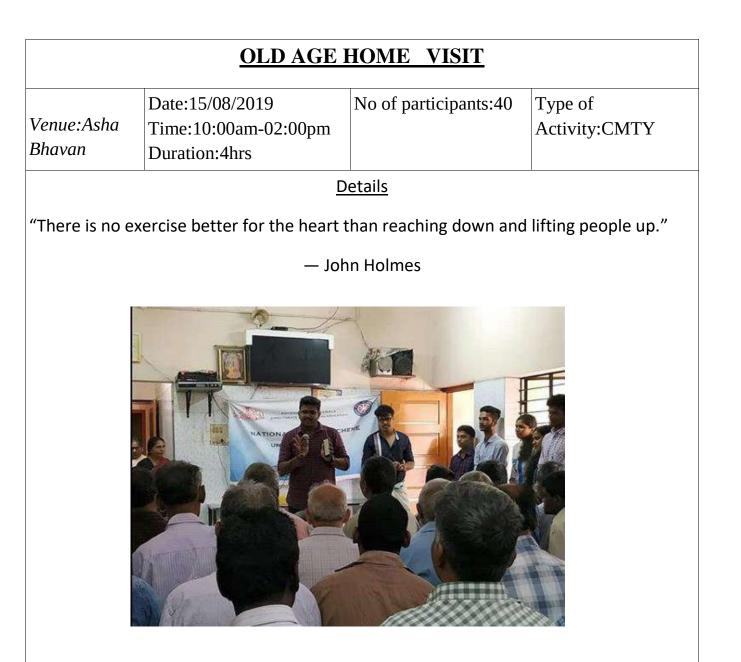
	Date:15/08/2019	No of participants:	Type of
Venue:SCTCE	Time:10:00am-12:30pm		Activity:ORTN
	Duration:2.5hrs		

<u>Details</u>

"There is nothing more beautiful than someone who goes out of their way to make life beautiful for others."

— Mandy Hale

NSS SCTCE organized an orientation program for first-year students at the college premise on 15/08/2019 from 10:00 am to 12:30 pm. The program was conducted to educate the first years about the roles of an NSS volunteer. The event helped to broaden the insight of the students about NSS and further enticed their interests. The students were also enlightened about Insight and other programs which will help them as well as society. The volunteers were thrilled and actively participated in the event.



NSS SCTCE visited Asha Bhavan as part of Independence day celebrations on 15/08/2019 from 10:00 am to 02:00 pm. The volunteers of NSS SCTCE interacted with the inmates of Asha Bhavan bringing joy to their lives. The event comprised of various performances from the residents of Asha Bhavan as well as from the volunteers of NSS SCTCE. The program became special to the volunteers as they witnessed the reunion of various families. The volunteers realized the importance of interacting with society and were grateful to Team Asha Bhavan.

PO ORIENTATION FOR SECOND YEARS

Venue:SCTCEDate:17/08/2019No of participants:38Type of Activity:ORTNVenue:SCTCETime:09:30am-10:30pm Duration:1hrActivity:ORTN

Details

"If you're in the luckiest one per cent of humanity, you owe it to the rest of humanity to think about the other 99 per cent."



NSS SCTCE coordinated an orientation program for the second year volunteers on 17/08/2019 from 09:30 am to 10:30 am at the college. The program was conducted by Program Officer, Rejimoan R. The volunteers were enlightened of their roles since they are officially enrolled in NSS. The activities of NSS were appraised to the students. The volunteers interacted with the Program Officer on various ideas and cleared their doubts about the activities of the organization. The orientation was in line with the vision of NSS of an interactive and helping society.

- Warren Buffett

NOTICE DISTRIBUTION				
Venue:PAPPANAMCODE	Date:17/08/2019 Time:10:30am- 12:30pm Duration:2hrs	No of participants:45	Type of Activity:CMTY	
<u>Details</u>				

"You have not lived today until you have done something for someone who can never repay you."

— John Bunyan

NSS SCTCE coordinated a notice distribution program on 17/08/2019 from 10:30 am to 12:30 pm at the Pappanamcode area. The notice distribution was conducted as part of the medical camp to be conducted on 18/08/2019. The volunteers distributed the notices to the residents living nearing SCT College to inform them of the medical camp that was to be held the next day. The medical camp was in line with the vision of NSS SCTCE to contribute to a better society. The volunteers were aware of their role and executed it perfectly.

NOTICE DISTRIBUTION				
Venue:SCTCE	Date:18/08/2019	No of participants:28	Type of	
	Time:09:00sm-01:00pm		Activity:CMTY	
	Duration:4hrs			
	<u>D</u>	etails		
"Time is shorte	ning. But every day that I cl	nallenge this cancer and	survive is a victory	
for me."				
			– Ingrid	
			Bergman	



NSS SCTCE organized a free cancer checkup program at SCTCE on 18/08/2019 from 09:00 am to 01:00 pm. The event was conducted in association with Y's Mens Club of Trivandrum. A cancer awareness session was also conducted along with the checkup program to increase the awareness of cancer among society. The session highlighted the ways to prevent and reduce the risk of cancer along with ways to combat it. The volunteers of NSS SCTCE were paramount in the success of the camp. The participants were helped and the decorum of the camp was maintained by the volunteers. The camp was in line with the vision of NSS SCTCE of a healthier and greener society.

OFFICE HOLDERS CEREMONY

		No of participants:	Type of
	Time:04:30pm-05:30pm		Activity:Campus
	Duration:1 hr		

<u>Details</u>

"The greatest leader is not necessarily the one who does the greatest things. He is the one that gets the people to do the greatest things."

– Ronald Reagan



The new officers of NSS SCTCE were elected on 19/08/19 at a function organized by NSS SCTCE on the college premises. The new officers expressed their gratitude towards NSS for considering them adept enough to steer the organization to new heights. The ceremony was held in the presence of Program Officer Subha. The officers were briefed about their duties by the parting officers who expressed their confidence in them. The volunteers of NSS SCTCE applauded and assured their continued support to the representatives.

STEM CELL AWARENESS

Venue:SCTCE		1 1	Type of Activity:ORTN	
	1 me.01.00pm-02.00pm		ACTIVITY.OKTIN	
	Duration:1 hr			

Details

"You have not lived today until you have done something for someone who can never repay you."

- John Bunyan



Reaffirming its vision of contributing to making the world a better place, NSS SCTCE coordinated an awareness camp on Stem Cell donation on 21/08/19 from 01:00 pm to 02:00 pm at the college premises. The volunteers of NSS SCTCE were briefed about the benefits of Stem Cell and the importance of Stem Cell Donation in modern treatment. The volunteers acknowledged the relevance of Stem cell donation and vowed to support the donation of the same on the campus during the donation camp to be held the next day. The awareness class was conducted in lieu of the goal of NSS SCTCE of a greener and a safer world.

STEM CELL DONATION REGISTRATION No of participants: Type of Date:22/08/19 Venue:SCTCE Activity:Campus Time:01:00pm-02:00pm Duration:1 hr

Details

Teresa

"It's not how much we give but how much love we put into giving."



Reaffirming its vision of contributing to making the world a better place, NSS SCTCE coordinated a Stem Cell Donation Registration camp on 22/08/19 from 01:00 pm to 02:00 pm at the college premises. The volunteers of NSS SCTCE aided the participants in the registration of Stem Cell Donation and ensured the successful culmination of the event. The volunteers of NSS SCTCE were briefed about the benefits of Stem Cell and the importance of Stem Cell Donation in modern treatment. The volunteers acknowledged the relevance of Stem cell donation and vowed to support the donation of the same on the campus during the donation camp to be held the next day. The donation camp was conducted in lieu of the goal of NSS SCTCE of a greener and a safer world.

	JALASA	MIRDHI	
Venue:Kattakkada	Date:28/08/19 Time:09:00am-03:00pm Duration:6 hrs	No of participants:	Type of Activity:CMTY
	<u>Det</u>	<u>ails</u>	
		· -1=	
	รูยาาวุน		

"Thousands Have Lived Without Love, Not One Without Water"

-W.H.Auden

NSS SCTCE participated in the Jalasamridhi program conducted by the Government of Kerala at Killi Kattakada on 28/08/19 from 09:00 am to 04:00 pm. The program emphasized the importance of water conservation and the consequences that might be endured if conservation is neglected. Various dignitaries like the Education Minister C. Raveendranath, I B Sathish MLA, K Gopalakrishnan IAS, etc made the event memorable. The dignitaries interacted with the students about the various issues related to water and agreed to take further steps to eradicate wastage and pollution of water. The program was in lieu of the vision of NSS SCTCE of a greener and safer environment with minimal pollution.

<u>SURVEY</u>				
Venue:Poonkulam	Date:31/08/19 Time:08:30am-01:30pm Duration:5 hrs	No of participants: 18	Type of Activity:CMTY	
			an behavior has	
"Everyone takes surveys. Whoever makes a statement about human behavior has engaged in a survey of some sort." - Andre w Greel ev				
01:30 pm. The surv part of the Trivand residents of Poonk	ated a survey at poonkula vey was conducted in asso rum Master Plan. The volu culam ward as well as takin residents was also include	ociation with Trivandru unteers addressed the ng their data required t	m cooperation as queries of the for the survey. The	

ORIENTATION WITH INFOSYS No of participants: Type of Date:03/09/19 Venue:SCTCE Activity:ORTN Time:04:30pm-05:30pm Duration:1 hr Details "The purpose of life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well." — Ralph Waldo



Emerson

NSS SCTCE conducted an orientation program on 03/09/19 from 04:30 pm to 05:30 pm at the college premises. The event was coordinated in association with team Aagaaz of Infosys. The volunteers were briefed by the team about the social works undertaken by team Aagaaz. The interactive program was conducted with the idea of converting the ideas of the students into a reality. The volunteers of NSS SCTCE provided a plethora of ideas that were acknowledged by the team. The volunteers assured their support for social works to the team. The event was in line with the vision of NSS SCTCE of contributing to a happier and greener world.

GREETING CARD MAKING

Venue:SCTCE	Time:04:30pm-06:30pm	1 1	Type of Activity:Campus	
	Duration:2hrs			

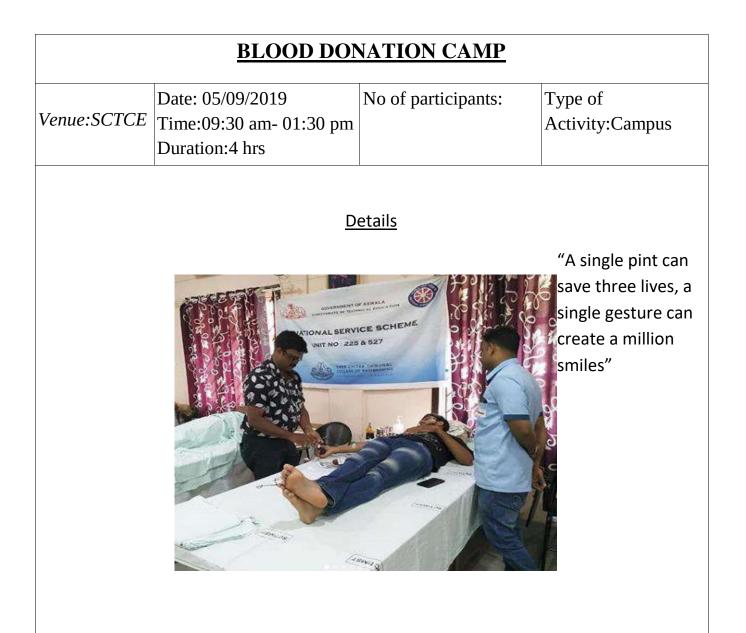
<u>Details</u>

"A teacher is a compass that activates the magnets of curiosity, knowledge, and wisdom in the pupils."

-Ever Garrison



NSS SCTCE organized a greeting card making program on 04/09/19 from 04:30 pm to 06:30 pm in the college premises. The program was conducted to create wonderful greeting cards that could be presented to the fabulous teachers of the college. The volunteers made the program extraordinary with their creative ideas. The program was in lieu with the mission of NSS SCTCE of respecting the mentors and educators of the society.



NSS SCTCE in association with Trivandrum Medical College coordinated a blood donation camp on 05/09/19 from 09:30 am to 01:30 pm at the college premises. The camp was conducted to celebrate Teachers Day. The volunteers oversaw the camp ensuring the smooth and effective conduction of the camp. Teachers, as well as students of the College, participated in the camp resulting in the immense success of the camp. The camp paved a way to encourage voluntary blood donation in line with the mission of NSS SCTCE of a healthier and safer country. The doctors expressed their gratitude for the success of the camp.

TEACHER'S DAY CELEBRATIONS

	Date:05/09/19	No of participants:	Type of
Venue:SCTCE	Time:01:30pm-02:30pm		Activity:Campus
	Duration:1hr		

<u>Details</u>

"If you are planning for a year, sow rice; if you are planning for a decade, plant trees; if you are planning for a lifetime, educate people."



NSS SCTCE celebrated Teacher's day on 05/09/19 from 01:30 pm to 02:30 pm at the college premises. The volunteers of NSS SCTCE gifted greeting cards to the teachers of the college on this auspicious day. The greeting cards were prepared by the volunteers themselves and were full of the love of the volunteers. The volunteers ensured that the cards reached all the teachers and went on an extra mile to make them realize how important they are. The program was in line with the mission of NSS SCTCE of promoting happiness and respecting others.

OLD AGE HOME VISIT- ONASADHYA

	Date:09/09/19	No of participants:	Type of
Venue:SREEKARYAM	Time:08:30am-		Activity:CMTY
	01:30pm		
	Duration:5hrs		

<u>Details</u>



NSS SCTCE celebrated Onam with the inmates of Karunya Bhavan, Sreekariyam on 09/09/19 from 08:30 am to 01:30 pm. The volunteers prepared Onasadhya for the inmates at the college premises which were then transported to Karunya Bhavan. The volunteers engaged with the residents playing games with them, singing songs and various other activities. The residents mingled with the participants sharing their life experience. The volunteers served food to the residents of Karunya Bhavan and ensured that they had a great day. Prizes were provided to the winners of the games. The authorities of the institution were grateful to NSS SCTCE for organizing such an event.

SURVEY- POONKULAM WARD DAY 1

		No of participants:	Type of Activity:
Venue:Poonkulam	Time:09:00 am-03:00		CMTY
	pm		
	Duration: 6 hrs		

<u>Details</u>

"Everyone takes surveys. Whoever makes a statement about human behavior has engaged in a survey of some sort."

-Andrew Greeley

NSS SCTCE coordinated a survey at Poonkulam ward on 14/09/19 from 09:00 am to 03:00 pm. The survey was conducted in association with Trivandrum cooperation as part of the Trivandrum Master Plan. The volunteers addressed the queries of the residents of Poonkulam ward as well as taking their data required for the survey. The feedback from the residents was also included in the survey. The volunteers of NSS SCTCE ensured the successful culmination of the survey. The survey was a part of the vision of NSS SCTCE of a developed and greener country.

SURVEY- POONKULAM WARD DAY 2

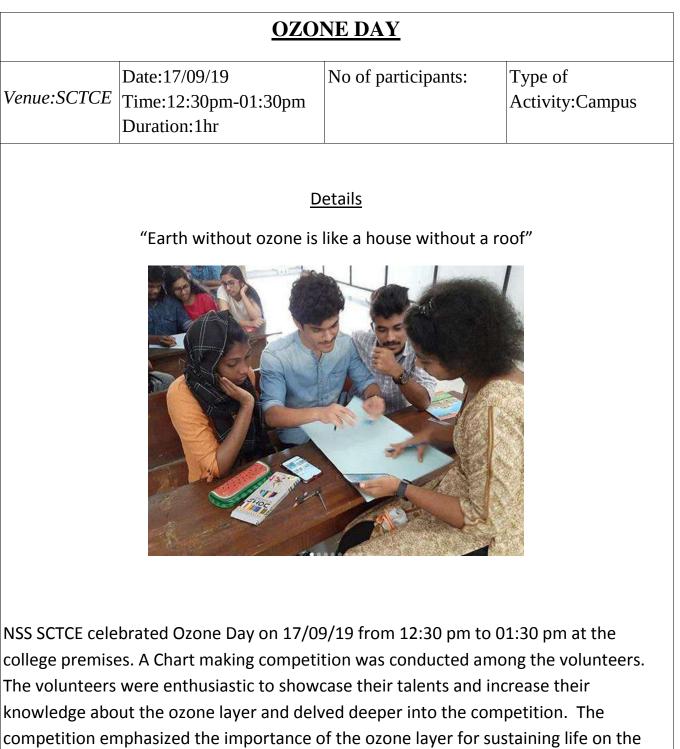
		No of participants:	Type of Activity:
Venue:Poonkulam	Time:09:00 am-01:00		CMTY
	pm		
	Duration: 4 hrs		

<u>Details</u>

"Everyone takes surveys. Whoever makes a statement about human behavior has engaged in a survey of some sort."

-Andrew Greeley

NSS SCTCE coordinated a survey at Poonkulam ward on 15/09/19 from 09:00 am to 01:00 pm. The survey was conducted in association with Trivandrum cooperation as part of the Trivandrum Master Plan. The volunteers addressed the queries of the residents of Poonkulam ward as well as taking their data required for the survey. The feedback from the residents was also included in the survey. The volunteers of NSS SCTCE ensured the successful culmination of the survey. The survey was a part of the vision of NSS SCTCE of a developed and greener country.



planet. The program was in line with the vision of NSS SCTCE of paving the way towards a greener and brighter future.

CLEANING DRIVE				
Venue:SCTCE	Date:18/09/19 Time:12:30pm-01:30pm Duration:1hr	No of participants:	Type of Activity:Campus	
<u>Details</u> "You don't get anything clean without getting something else dirty. "				
college premise void of waste p thus optimally the campus rer stand on a clea	NSS SCTCE conducted a cleaning drive on 18/09/19 from 12:30 pm to 01:30 pm at the college premises. The volunteers of NSS SCTCE cleaned the staff rooms making them void of waste papers and other materials. The materials were collected to recycle them thus optimally using the resources available. The volunteers were firm in ensuring that the campus remains clean in line with the Swatchh Bharat mission. Reaffirming its stand on a cleaner and healthier country, the campus was cleaned in the drive. The program emphasized the importance of cleanliness to the younger generation of the			

POSHAN ANDOLAN-CHART MAKING DAY 1

Venue:SCTCEDate:18/09/19No of participants:Type of
Activity:CampusVenue:SCTCETime:04:30pm-05:30pm
Duration:1hrImage: Compare the second sec

<u>Details</u>

"Let food be thy medicine and medicine be thy food"

~Hippocrates



NSS SCTCE conducted a chart making program in association with Poshan Andolan on 18/09/19 from 04:30 pm to 05:30 pm in the college premises. Poshan Andolan is an initiative of the Ministry of Women and Child Development aimed at increasing nutrition awareness among the public. The volunteers of NSS SCTCE took it their mission to change the food habits of the society targetting the younger generation. Charts were composed providing knowledge about the various foods. The volunteers took extra care in ensuring that the charts would be readable to a layman.

SOFT SKILL DEVELOPMENT PROGRAM

Date:21/09/19 Venue:SCTCE |Time:09:00am-01:00pm Duration:4hrs

No of participants:

Type of Activity:ORTN

Details

"Study without desire spoils the memory, and it retains nothing that it takes in."



NSS SCTCE conducted a soft skill development program on 21/09/19 from 09:00 am to 01:00 pm at the college premises. The volunteers of NSS SCTCE were encouraged to speak and increase their soft skills at the program. This was in line with the mission of NSS SCTCE of ensuring soft skill development among the younger generation. The volunteers interacted with seniors on various issues providing their opinions and perspectives. The event was an immense success with the participants offering their gratitude. The volunteers were also introduced to the experiences of ex-volunteers of NSS SCTCE.

POSHAN ANDOLAN-CHART MAKING DAY 2

Venue:SCTCEDate: 24/09/19No of participants:Type ofTime:10:30am-12:30pm
Duration:2 hrsTo of participants:Activity:Campus

<u>Details</u>

"The doctors of the future will no longer treat the human frame with drugs, but rather will cure and prevent disease with nutrition." Thomas Edison



NSS SCTCE conducted a chart making program in association with Poshan Andolan on 24/09/19 from 10:30 am to 12:30 pm in the college premises. Reaffirming on its mission of educating the society about the importance of food and nutrition, Volunteers of NSS SCTCE composed charts for the same. Poshan Andolan is an initiative of the Ministry of Women and Child Development aimed at increasing nutrition awareness among the public. The volunteers of NSS SCTCE took it their mission to change the food habits of the society targetting the younger generation. The volunteers took extra care in ensuring that the charts would be readable to a layman.

EXHIBITION			
Venue:Pappanamcode	Date:24/09/19 Time:12:30pm- 03:30pm Duration:3hrs	No of participants:	Type of Activity:CMTY
"What we want is to se pursuit of the child."		t <u>ails</u> of knowledge, and not	knowledge in
			-George Bernard Shaw
24/09/19 from 12:30 p	m to 03:30 pm. The p	am at Govt LP School, Pa program was in associat he volunteers of NSS SC	ion with Poshan

24/09/19 from 12:30 pm to 03:30 pm. The program was in association with Poshan Andholan as well as NSS day celebrations. The volunteers of NSS SCTCE educated the students of the school about the importance of food and nutrition. The students were appraised about the various types of foods to consume as well as avoid. The volunteers interacted with the students, answering their doubts and ensuring that the students grasped the importance of the subject. The charts that were composed were shown to the students at the exhibition. The program was in line with the mission of NSS SCTCE

Date:02/10/19	No of participants:	TT C
² Time:10:00am- 02:00pm Duration:4 hrs		Activity:CMTY
<u>Details</u>		
nd, but they are pollutir	ng our land!"	
n on 02/10/19 from 09: f educating the people a gle use plastics on the e	00 am to 01:00 pm. about the ban of sin nvironment as well a	The event was gle use plastics and as to all living
ר ה א	Duration:4 hrs <u>Details</u> nd, but they are pollutin Celebrations, NSS SCTC n on 02/10/19 from 09: f educating the people a gle use plastics on the e	Duration:4 hrs

CLEANING AT LP SCHOOL Type of No of Date:02/10/19 Venue:PAPPANAMCODE Time:10:00amparticipants:75 Activity:CMTY 02:00pm Duration:4 hrs Details "You don't get anything clean without getting something else dirty." -Cecil Baxter

As part of Gandhijayanthi Celebrations, NSS SCTCE organized a cleaning drive on 02/10/19 from 10:00 am to 02:00 pm at LP School, Pappanamcode. The volunteers of NSS SCTCE cleared the grass and dense weeds that inhabited the school which would have become the home of reptiles. The volunteers ensured that the campus was suitable for the young minds of the country and eradicated the campus from plastic wastes. The program was in line with the vision of NSS SCTCE of a greener and cleaner country.

FIT INDIA PLOGGING RUN

Date:02/10/19	No of	Type of
Time:08:00am-	participants:49	Activity:CMTY
10:00am		
Duration:2 hrs		
	² Time:08:00am- 10:00am	Time:08:00am- participants:49 10:00am

<u>Details</u>

"To keep the body in good health is a duty... otherwise we shall not be able to keep our mind strong and clear."

-BUDDHA



As part of the Fit India Movement, NSS SCTCE conducted a plogging run on 02/10/19 from 08:00 am to 10:00 am. The program took place from Kaimanam to Karakkamandapam. Fit India Movement is a Flagship Program of Government of India to make the citizens of the country physically as well as mentally fit. As part of Gandhijayanthi Celebrations, the volunteers also ensured the cleaning of the streets during the run and made the area near Pappanamcode clean. The Program was in line with the vision of NSS SCTCE of a healthier and greener country.

SKILL DEVELOPMENT PROGRAM

		No of participants:	Type of
Venue:SCTCE	Time:09:30am-12:30pm		Activity:CAMPUS
	Duration:3 hrs		

<u>Details</u>

"Skill and confidence are an unconquered army."

-George Herbert

NSS SCTCE conducted a skill development program on 12/10/19 from 09:30 am to 12:30 pm at the college premises. The program was organized to aid the students in their fight against plastic. The participants were taught to make paper bags so that their dependency on plastic bags decreases. The event was a huge success as the participants participated enthusiastically and pledged to reduce the usage of plastic bags as much as possible. The program was in line with the aim of NSS SCTCE of a plastic-free society which is cleaner and greener.

STRAW AWARENESS			
	Date:11/10/19 Time:04:00pm-05:00pm Duration:1 hr	No of participants:	Type of Activity:ORTN

"We are being choked to death by the amount of plastic that we throw away. It's killing our oceans. It's entering into our bodies in the fish we eat."

-Kevin Bacon

NSS SCTCE conducted an awareness program on 11/10/19 from 04:00 pm to 05:00 pm at the college premises. The event was organized to increase the awareness of the adverse effects of plastic on the Environment. The event highlighted the banes of the overuse of plastic which outweighs the boons of plastic. The participants were informed about the impact of plastic and its pollution to the marine ecosystem and thus indirectly affecting human lives. The event was in line with the vision of NSS SCTCE of a plastic-free environment and a cleaner and greener future.

STRAW CAMPAIGN			
	Date:15/10/19	No of participants:	Type of
Venue:SCTCE	Time:09:30am-11:30am		Activity:Campus
	Duration:2hr		

"We are being choked to death by the amount of plastic that we throw away. It's killing our oceans. It's entering into our bodies in the fish we eat."

-Kevin Bacon

NSS SCTCE conducted an anti-straw campaign program on 15/10/19 from 09:30 am to 11:30 pm at the college premises. The event was organized to increase the awareness of the adverse effects of plastic on the Environment. The volunteers of NSS SCTCE visited all the classes in the college enlightening the students and encouraging them to fight for the nature. The event highlighted the banes of the overuse of plastic which outweighs the boons of plastic. The participants were informed about the impact of plastic and its pollution to the marine ecosystem and thus indirectly affecting human lives. The event was in line with the vision of NSS SCTCE of a plastic-free environment and a cleaner and greener future.

FOOD FEST			
Venue:SCTCE	Date:18/10/19 Time:12:00pm-02:00pm Duration:2hrs	No of participants:	Type of Activity:Campus

Details



You can tell alot about a fellow's character by his way of eating jellybeans.

-Ronald Reagan

NSS SCTCE organized a food fest titled "Aluvayum Mathikariyum" on 1810/19 from 12:00 pm to 02:00 pm in the college premises. The event was conducted to encourage good food choices among the younger generation. The program intended to help the society find a healthier option while not compromising on taste. The volunteers prepared the food items which were displayed during the fest. The traditional cuisines, as well as new dishes, gathered the attention of the visitors who relished the food. The program was in line with the mission of NSS SCTCE of a healthier country.

Venue:SCTCE Date:23/10/19 Time:01:30pm-04:30pm Duration:3hrs	No of participants:	Type of Activity:Campus
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There's no disaster that can't become a blessing, and no blessing that can't become a disaster.

-Richard Bach

The inauguration of the Mapathon program was organized on 2/10/19 from 01:30 pm to 04:30 pm at SCT College of Engineering, Pappanamcode. The event was organized by the volunteers of NSS SCTCE. Mapathon project is an initiative of the Government of Kerala to make Kerala self-reliant to face disasters by creating a map of the state. The inauguration was done by Chief Minister Pinarayi Vijayan. Eminent guests like K.T Jaleel (Minister for Higher Education), A.K Saseendran (Minister of Transport), O Rajagopal MLA were present among others.

	UDHYANAM				
Venue:Sreekaryam	Date:28/10/19 Time:08:00am-01:00pm Duration:5hrs	No of participants:	Type of Activity:CMTY		
	Deta	ails			
	g to the forests of the wor and to one another."	rld is but a mirror refle	ction of what we are		
Chris Maser					

NSS SCTCE conducted Udhyanam Program on 28/10/19 from 08:00 am to 01:00 pm at Sreekariyam. The program was aimed at converting a wasteland into a beautiful garden. The volunteers of NSS SCTCE cleaned the patch of land making it devoid of plastic and other wastes. Then they embarked on a journey to make the land a garden. The volunteers planted saplings in the land. The program was in line with the vision of NSS SCTCE of a greener and cleaner future.

AHAM LAKSHYA			
Venue:SCTCE	Date:30/10/19 Time:04:30pm-05:30pm Duration:1hr	No of participants:	Type of Activity:ORTN

"No one knows what you have been through or what your pretty little eyes have seen, but I can reassure you ~ whatever you have conquered, it shines through your mind."



— Nikki Rowe

NSS SCTCE organized an orientation program for Aham and Lakshya on 30/10/19 from 04:30 pm to 05:30 pm at the college premises. Aham and Lakshya are two of the flagship programs of NSS SCTCE conducted to empower the younger generation of the country. These programs are focused towards the school and college students to motivate and guide them to achieve their goals. The volunteers were informed about the various responsibilities and were enlighted with the ways to help the students. The program was in line with the mission of NSS SCTCE of a brighter and greener future.

RASHTRIYA EKATHA DIVAS

Venue:SCTCEDate:31/10/19No of participants:Type of
Activity:ORTNVenue:SCTCETime:04:00pm-05:00pm
Duration:1hrImage: Compare the second secon

<u>Details</u>

"We are only as strong as we are united, as weak as we are divided."

– J.K. Rowling,



NSS SCTCE organised an orientation program as part of "Rashtriya Ekatha Divas" on 31/10/19 from 04:30 pm to 05:30 pm at the college premises. Rashtriya Ekatha Divas or National Unity Day is a day celebrated in memory of Sardar Vallabhai Patel, the Iron Man of India. The volunteers took the pledge of upholding the unity of the country. The volunteers were enlighted with the contributions of Sardar Vallabhai Patel as a freedom fighter as well as the First Home Minister of the country.

SUSTAINABLE PERIODS			
Venue:SCTCE	Date:13/11/19 Time:04:30pm-05:30pm Duration:1hr	No of participants:	Type of Activity:ORTN

"When she bleeds the smells I know change colour. There is iron in her soul on those days. She smells like a gun."

- Jeanette Winterson



NSS SCTCE organised an awareness session on Sustainable Periods on 13/11/19 from 04:30 pm to 05:30 pm at the college premises. The event was inaugurated by the chief guest Ms.Aishwarya Dongre IPS (Assistant commissioner of police,Shanghumugham) who interacted with the students sharing her experience as well as providing guidance. The session was handled by Dr. Revathy P. S. and Sreepriya Murali which involved an interactive talk with the volunteers of NSS SCTCE on sustainable Menstruation and hygiene.

KINDERGARTEN PAINTING			
	Date:16/11/19 Time:10:00am-4:00pm Duration:6hrs	No of participants:	Type of Activity:CMTY

"We must restore hope to young people, help the old, be open to the future, spread love. Be poor among the poor. We need to include the excluded and preach peace."

-Pope Francis



NSS SCTCE conducted a kindergarten painting program on 16/11/19 from 10:00 am to 04:00 am at a kindergarten in Pappanamcode. The program was aimed at making the kindergarten more children friendly. The volunteers of NSS SCTCE painted the walls of the institution and filled them with cartoon characters and other drawings. The volunteers converted the dull walls with cartoon characters. The program was part of the initiative of NSS SCTCE of empowering the small children of the society.

ENERGY MANAGEMENT				
Venue:Sreekariyam Date:16/11/19 Time:10:00am-04:00pm Duration:6hrs	No of participants:	Type of Activity:ORTN		
Deta	<u>nils</u>			
"If you want to find the secrets of the univers vibration."	"If you want to find the secrets of the universe, think in terms of energy, frequency and vibration."			
— Nikola Tesla				
NSS SCTCE coordinated a program on Energy to 04:00 pm at Energy Management Centre, S paramount in the rise of India as a superpow program was aimed at informing the particip Management. The program provided insight reduce the excessive use of energy. The parti various types of Energy Management Technic practical way. The program was in line with the greener future.	Sreekariyam. Energy N er and as a developed ants about the import on how to optimally us cipants were enlighter ques and how to imple	lanagement was country. The ance of Energy se Energy and ned about the ement these in a		

NUTRITIONAL HABITS			
Venue:Chirayinkeezhu	Date:16/11/19 Time:10:00 am- 04:00pm Duration:6hrs	No of participants:	Type of Activity:ORTN

"The food you eat can be either the safest and most powerful form of medicine or the slowest form of poison."

— Ann Wigmore

NSS SCTCE coordinated an orientation program on Nutritional habits on 16/11/19 from 10:00 am to 04:00 pm at Musaliar College of Engineering, Trivandrum. The program was intended to increase awareness among the younger generation of the society about the importance of food choices. The volunteers were enlightened with tips on how to eat healthy and be conscious about what goes into their bodies. The event emphasized the crucial role of proteins and vitamins in our bodies and the problems that might occur due to their deficiencies. The volunteers were educated about food safety and reduce the risk of food poison.

BLOOD DONATION CAMP

	Date:25/11/19	No of participants:	Type of
Venue:SCTCE	Time:09:30am-01:30pm		Activity:Campus
	Duration:4hrs		

<u>Details</u>

"A single pint can save three lives, a single gesture can create a million smiles".



NSS SCTCE coordinated a blood donation camp on 25/11/19 from 09:30 am to 01:30 pm at the college premises. The volunteers oversaw the camp ensuring the smooth and effective conduction of the camp. Teachers, as well as students of the College, participated in the camp resulting in the immense success of the camp. The camp paved a way to encourage voluntary blood donation in line with the mission of NSS SCTCE of a healthier and safer country. The doctors expressed their gratitude for the success of the camp.

BLOOD DONATION CAMP

Venue:SCTCE	Date:25/11/19	No of	Type of
	Time:09:30am- 01:30pm	participants:	Activity:Campus
	Duration:4hrs		

Details

"Every blood doner is a life saver"



On 25th November 2019, from 09:30 am to 01:30 pm, NSS SCTCE conducted a BLOOD DONATION CAMP in the college premises. The volunteers oversaw the camp ensuring the smooth and effective conduction of the camp. The active participation of the students and the teachers made the camp an immense success. The doctors expressed their gratitude for the success of the camp. The camp proved to be a way to encourage voluntary blood donation in hand with the mission of NSS SCTCE of a healthier and safer country.

ENERGY MANAGEMENT

Venue:Sreekariyam	Date:16/11/19	No of	Type of
	Time:10:00am-	participants:	Activity:ORTN
	04:00pm		
	Duration:6hrs		

Details

"Energy conservation is the foundation of energy independence"

-Tom Allen

16th November 2019,NSS SCTCE coordinated a program on Energy Management at Energy Management Centre, Sreekariyam,from 10:00 am to 04:00pm. Energy Management is paramount in the rise of India as a superpower and as a developed country. The program was focused to enlighten the youth about the importance of Energy Management. The program provided insight on how to optimally use Energy and reduce the excessive use of energy. This program was a success as the participants were enlightened about the various types of Energy Management techniques and were able to understand how to implement them in a practical way. The program was in line with the vision of NSS SCTCE for a brighter and greener future of our economy.

KINDERGARTEN PAINTING

Venue:Pappanamcode	Date:16/11/19	No of	Type of
	Time:10:00am- 4:00pm	participants:	Activity:CMTY
	Duration:6hrs		

Spread love everywhere you go. Let no one ever come to you without leaving happier.

-Mother Teresa



16th November 2019, from 10:00 am to 04:00 pm ,NSS SCTCE conducted a kindergarten painting program at an 'Anganavadi' in Pappanamcode. The aim of the program was to make the environment more children friendly. The walls of the institution WAS filled with cartoon characters and other drawings by the volunteers of NSS SCTCE. The dull walls was full with cartoon characters by the volunteers. The program was part of the initiative of NSS SCTCE for the children of the society.

NUTRITIONAL HABITS

Venue:Chirayinkeezhu	Date:16/11/19	No of participants:	Type of
	Time:10:00 am-		Activity:ORTN
	04:00pm		
	Duration:6hrs		

Details

"Poor eating habits developed at an early age leads to a lifelong of real health consequence" -Richard.J.Codey

On 16th November 2019, from 10:00 am to 04:00 pm, NSS SCTCE coordinated an orientation program on Nutritional habits at Musaliar College of Engineering, Trivandrum. The aim of the program was to increase awareness among the younger generation of the society about the importance of their food choices. The volunteers were educated with tips on a healthy diet and were made conscious about what goes into their bodies. The event highlighted the crucial role of proteins and vitamins in our bodies and the problems that might occur due to their deficiencies. The volunteers were educated about food safety and reduce the risk of food poison.

SUSTAINABLE PERIODS

	Date:13/11/19 Time:04:30pm- 05:30pm Duration:1hr	No of participants:	Type of Activity:ORTN
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Details

"While women sheds the blood of life on each moon of menstruation, man can only shed the blood of death through warfare and killing" –Katha Pollit



13th November 2019, from 04:30 pm to 05:30 pm, NSS SCTCE organised an awareness session on Sustainable Periods in the college premises. The event was inaugurated by the chief guest Ms. Aishwarya Dongre IPS (Assistant commissioner of police, Shanghumugham) who interacted with the students by sharing her experience as well as providing guidance. The sessions were given by Dr. Revathy P. S. and Sreepriya Murali which involved an interactive talk with the volunteers of NSS SCTCE on sustainable Menstruation and hygiene.

PRE-CAMP ORIENTATION

Venue:SCTCE	Date:13/12/19 Time:12:30 pm- 01:30 pm Duration:1hr	No of participants:	Type of Activity:ORTN
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Details

"Individually we are one drop. Together we are an ocean"

-Ryunosuke Satoro

On 13th December 2019, from 12:30 pm to 01:30 pm, NSS SCTCE organized a pre-camp orientation at the college premises. The volunteers of NSS SCTCE were given a briefed details about the upcoming 'Seven day annual camp' to be held at Attakulangara Central High School from 20th December 2019 to 26th December 2019. The session was handled by the Program Officers of NSS SCTCE. The volunteers were informed about the rules and regulations that they have to abide during the camp. The objectives and goals of the camp were also shared with the volunteers. The volunteers were asked to uphold the dignity of the unit and ensured complete success of the camp.

YOUTH QUIZ

Venue: SCTCE	Date:14/01/2020	No of participants	Type of Activity: Campus
	Time:12:30pm-1:30pm		
	Duration:1 hr		



Details

"Improve your knowledge, your voice will be automatically improved..!"

-Martin Luther King

NSS SCTCE conducted a Youth Quiz programme on 14/01/2020 from 12:30pm-1:30pm at the college premises as a part of National Youth Day celebration. This event was organised to improve the knowledge of youth . The volunteers of NSS SCTCE participated in competition and this event was conducted in the form of game or mind sport in which participants attempted to get right answer. This programme ignited the youth to be the flying colour of tomorrow.

ORIENTATION FOR THIRD YEARS

Venue: Date:14/01/2020 SCTCE Time:04:30pm- 05:30pm Duration:1 hr	No of participants	Type of Activity: Orientation	
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DETAILS

"When the winds of change blow, some people build walls and others build wind walls!"

-Young Pueblo

NSS SCTCE organised an orientation programme for third year students on 14/01/2020 from 04:30pm to 05:30pm at the college premises .The aim of the programme was to conduct an effective interaction between programme officers and volunteers . The orientation programme gave basic knowledge about NSS which is not so familiar with NSS volunteers. Discussions were conducted regarding all sorts of programmes and orientation classes that could be arranged during the successive day's .The volunteers presented various ideas regarding programmes to be conducted.

SHANTHIVILA HOSPITAL CLEANING

Venue: Shanthivila	Date:15/01/2020	No: of participants	Type of Activity:
	Time:09:00am-12:00pm		Community
	Duration: 3hrs		

Details

"Nothing inspires cleanliness more than an unexpected guest."

Radhika Mundra



As part of National Youth Week, NSS SCTCE administrated a cleaning drive on 15/01/2020 from 9am to 12pm at Govt. Taluk Hospital. The ultimate intention of the program was to make the hospital opportune for their use. After the program the hospital was ready to use and free for all. This program became a helping hand to NSS Volunteers in the sense of commitment towards our society.

ANTI -NARCOTICS ORIENTATION

12:30pm Duration:1 hr	SCTCE	Date:16/01/2020 Time:11:00am- 12:30pm Duration:1 hr	No of participants	Type of Activity: Orientation
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Details

"Parents are key when it comes to keeping kids out of drug, good parenting is the best anti-drug we have....."



NSS SCTCE in accordance with Kerala Government organised an antinarcotics awareness class on 16/01/2020 from 11:30 am to 12:30 pm at the college premises. The event was organised to increase awareness about the adverse effect of drugs on youth. 'Just say no and choose to refuse'. The class was conducted by Excise Circle Inspector Mr.Shibu. pointing the dangerous effects of drug and alcohol use .Empowerment of youth was the main aim of the programme.

CLEANING AT COLLEGE

Venue: SCTCE	Date:16/01/2020 Time:04:30pm-06:30pm Duration:2 hrs	1 1	Type of Activity: Campus
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Details

"From time to time, one must release the grime built up inside them to free emotions like ocean......"



- Suzzy Kassem.

NSS SCTCE conducted a cleaning drive at college on 16/01/2020 from 04:30 pm to06:30 pm. The event was organised to start clean campus programme. People usually tend to forget that even the tiniest bit of plastic thrown away can cause great damage to our dooming planet. The NSS volunteers joined their hands and cleaned the patch of land making it devoid of plastic and other wastes. The programme was in lines with the mission of NSS SCTCE for a greener future.

FIT INDIA WALKATHON

Venue: PAPPANAMCODE	Date:18/01/2020 Time:07:30am- 09:30am Duration: 2hrs	No: of participants	Type of Activity: Community
			Community

Details

"It is health that is real wealth and not pieces of gold and silver."

Mahatma Gandhi



On 18/01/2020 NSS SCTCE conducted a Walkathon from 07:30 am to 09:30 am as part of the Fit India Cyclathon. The Walkathon started from Kaimanam and ended up in Karakkamandapam. Fit India Cyclathon is a Flagship Program of Government of India to make the citizens of the country physically as well as mentally fit. The program was conducted to create awareness among the youths of the country about the importance of being physically and mentally strong .The vision of NSS SCTCE through this program was to make the society a healthier and greener one.

REPUBLIC DAY CELEBRATION

Venue:	Date:26/01/2020	No: of	Type of
SCTCE	Time:07:30am-	participants	Activity:
	09:30am Duration: 2hrs		Campus

Details

"We gain freedom when we have paid the full price..."

Rabindranath Tagore



On 26/01/2020 NSS SCTCE organized and celebrated 71st Republic Day from 07:30am to 09:30am at the college premises. The ceremony commenced with the hoisting of National Flag by the principal of SCTCE in which the principal, program officers and other staffs delivered their Republic Day message. The patriotic songs aroused the feeling of love and brotherhood among all.

OLD AGE HOME VISIT

Venue: TRIPPADAM OLD AGE HOME	Date:26/01/2020 Time:10:00am-	No: of participants	Type of Activity:
NEDUMANGADU	03:00pm	participants	Community
	Duration: 5hrs		

Details

"Spread love everywhere you go. Let no one ever come to you without leaving happier."

Mother Theresa



In connection with the 71st Republic Day celebration, NSS SCTCE organized a old age home visit on 26/01/2020 from 10:00am to 03:00pm at Trippadam old age home Nedumangadu.NSS SCTCE Students union and Cult A Way joined hands together to interact and spread happiness among the occupants with beautiful mind. The Volunteers interacted very actively with the occupants and celebrated Republic Day together. NSS Volunteers got priceless memories and a lot of humanitarian values through this old age home visit

CLEANING AT COLLEGE DAY 1

<u>Details</u>



NSS SCTCE has conducted a cleaning program on 19 February 2020 from 04:30 pm to 06:30 pm at college premises. The volunteers of NSS SCTCE cleaned the campus. The volunteers of NSS SCTCE cleaned the staff rooms making them void of waste papers and other materials. The materials were collected to recycle them thus optimally using the resources available. The volunteers were firm in ensuring that the campus remains clean in line with the Swatchh Bharat mission. The program emphasized the importance of cleanliness to the younger generation of the country.

	CLEANING A	T COLLEGE	<u>DAY 2</u>
Venue:SCTCE	Date: 20/02/20 Time:04:30pm- 06:30pm Duration: 2 hrs	No of participants:	Type of Activity:CAMPUS
		<u>Details</u>	

NSS SCTCE has conducted a cleaning program on 20 February 2020 from 04:30 pm to 06:30 pm at college premises. The volunteers of NSS SCTCE cleaned the campus. The volunteers of NSS SCTCE cleaned the staff rooms making them void of waste papers and other materials. The materials were collected to recycle them thus optimally using the resources available. The volunteers were firm in ensuring that the campus remains clean in line with the Swatchh Bharat mission. The program emphasized the importance of cleanliness to the younger generation of the country.

E-WASTE MANAGEMENT DAY 1

Venue:PAPPANAMCODE	Time:09:00am- 03:00pm	No of participants:	Type of Activity:CMTY
	Duration:6hr		

<u>Details</u>



NSS SCTCE organized a collection drive on 21 February 2020 from 09:00 am to 03:00 pm at Pappanamcode area with an aim of collecting E-waste from the residents of Pappanamcode. The volunteers collected the E-waste and then separated them. These were then sent to be recycled. The aim of the program was to reduce environmental pollution due to the negligent disposal of Electronic wastes. The program was in lieu with the aim of NSS SCTCE of a cleaner and safer nation.

Venue:PAPPANAMCODE	Date:22/02/20 Time:09:00am- 03:00pm Duration:6hr	No of participants:	Type of Activity:CMTY
	<u>De</u>	<u>tails</u>	

NSS SCTCE organized a collection drive on 22 February 2020 from 09:00 am to 03:00 pm at Pappanamcode area with an aim of collecting E-waste from the residents of Pappanamcode. The volunteers collected the E-waste and then separated them. These were then sent to be recycled. The aim of the program was to reduce environmental pollution due to the negligent disposal of Electronic wastes. The program was in lieu with the aim of NSS SCTCE of a cleaner and safer nation.



NSS SCTCE organized a collection drive on 23 February 2020 from 09:00 am to 03:00 pm at Pappanamcode area with an aim of collecting E-waste from the residents of Pappanamcode. The volunteers collected the E-waste and then separated them. These were then sent to be recycled. The aim of the program was to reduce environmental pollution due to the negligent disposal of Electronic wastes. The program was in lieu with the aim of NSS SCTCE of a cleaner and safer nation.

KASHMIR YOUTH EXCHANGE PROGRAM

Venue:VJT HALL	Date:24/02/20 Time:10:30am-04:30pm Duration:6hr	No of participants:	Type of Activity:CMTY

<u>Details</u>



The volunteers of NSS SCTCE attended a Kashmir Youth Exchange Program on 24 February 2020 from 10:30 am to 04:30 pm at VJT hall, Palayam. The program was conducted by Nehru Yuva Kendra Sangathan under the Ministry of Youth Affairs. The program was inaugrated by the Honourable Governor of Kerala, Shri Arif Mohammed Khan. The volunteers interacted with the participants from Jammu and Kashmir sharing the experiences and embracing the differences. The program was conducted with an aim of national integration increasing the cultural and social exchange of the citizens of the country.

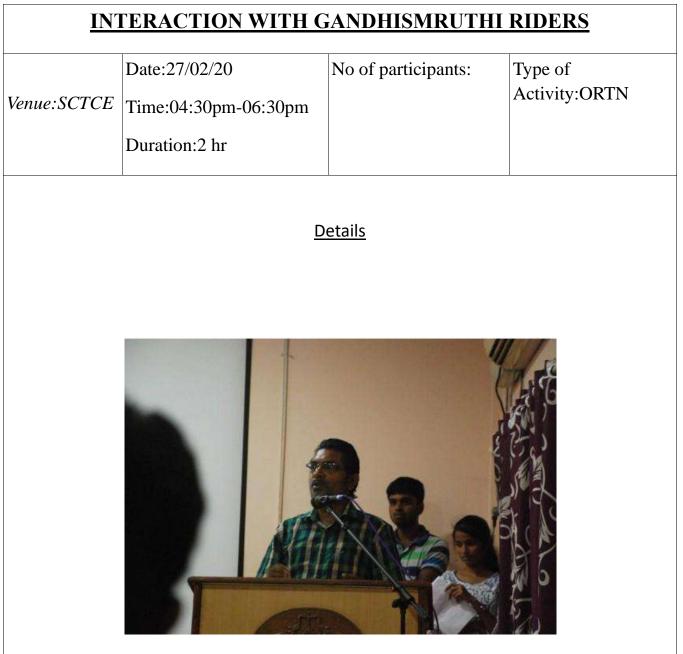
REPUBLIC DAY EXPERIENCE

	Date:25/02/20	No of participants:	Type of
Venue:SCTCE	Time:04:30pm-06:30pm		Activity:ORTN
	Duration:2 hr		

<u>Details</u>



NSS SCTCE conducted an interaction program with S. Janavarshini on 25 February 2020 from 04:30 pm to 06:30 pm at the college premises. S. Janavarshini attended the Republic Parade held at New Delhi as part of the NSS contigent. The experiences of the camp and parade was shared with the volunteers. The volunteers were delighted with the experience. The volunteers were motivated and the notion of democracy was upheld. The volunteers understood the advantages of being an NSS volunteer.



NSS SCTCE conducted an interaction program with the riders who attended the All Kerala Cycle Rally 'Gandhismruthi' conducted by NSS KTU cell as part of the 150th Birthday of Mahatma Gandhi from 20/12/2019 to 25/12/2019. The ride was conducted from Trivandrum to Kasargode. The riders were honoured by NSS SCTCE. The riders shared their experiences of participating in such a rally. The volunteers were awed with their experiences.

	NATURE CAMP		
Venue:Shendurny	Date:28/02/20 - 29/02/20 Time: Duration:2 Days	No of participants:	Type of Activity:CAMP
13			
		2 h	
	AD CAMERA		

NSS SCTCE organized a nature camp at Shendurny Wildlife Sanctuary from 28/02/20 to 29/02/20 for the third year volunteers. The volunteers were accompanied by the Programme Officers in the journey of connecting with nature by experiencing the beautiful forest of Shendurny Wildlife Sanctuary. The officials of the Sanctuary welcomed the volunteers and enlightened them about the Sanctuary. The officials were very friendly and the volunteers formed a bond with them. The volunteers participated in a trek through the forests taking in the view of the nature and breathing the fresh air. The volunteers were extremely delighted and their perspectives of the world changed due to the camp. The program was in lieu with the vision of NSS SCTCE of a greener and cleaner nature.

Venue:SCTCE	Date:06/03/20 Time:03:30pm- 05:30pm Duration:2hr	No of participants:	Type of Activity:ORTN
	<u>D</u>	<u>Details</u>	

NSS SCTCE conducted an orientation program on 06/03/20 from 03:30 pm to 05:30 pm at the college premises. The program was conducted to celebrate Women's Day. The program was inaugrated by Dr Indira mam, Chairperson of Women's Doctor's Wing. Various doctors such as Dr Mohanan Nair from India Medical Association, Nemom attended the program. The volunteers were informed about the laws protecting the women of the country and were enlightened about the importance of Women in the nation building as well as for the economy of the country. The program was in lieu with the vision of NSS SCTCE about an equal and safer nation.

Venue:Civil Station	Date:07/03/20 Time:12:30pm- 04:30pm Duration:4hr	No of participants:	Type of Activity:ORTN
		Details	
			BER ALES

NSS SCTCE attended a meeting held at the Collectorate, Civil Station on 07/03/20 from 12:30 pm to 04:30 pm. The meeting was held to enlighten the participants about the various duties that they have to fulfill during Attukal Pongala on 09/03/20. The volunteers were informed about their duties by the Collectorate staff as well as the District Disaster Management team. The program was in line with the vision of NSS SCTCE of giving back to the society.

ATTUKAL PONGALA

Venue:Civil Station		Type of Activity:ORTN

<u>Details</u>



NSS SCTCE conducted a program during the Attukal Pongala on 09/03/20 from 07:00 am to 03:00 pm on Thampanoor-Kilipalam Area. The program was under the District Disaster Management Team. The volunteers were tasked with crowd management during the Pongala and ensuring the smooth conducting of the event in the area. The volunteers ensured that the event was successful, helping people as well as maintaining the decorum of the area. The volunteers reduced the crowd with their effective management.

Venue:	Date:22/04/20 Time:05:00pm-06:00pm Duration:1hr	No of participants:	Type of Activity:ORTN
		<u>Details</u>	
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The volunteers of NSS SCTCE attended an online training against Novel Coronavirus 2019. The training was conducted to educate the volunteers about covid 19 and prepare them to fight against it. The training was conducted by Ministry of Youth Affairs and all volunteers and Program Officers were expected to complete it. The event was in line with NSS SCTCE in helping the country fight against the pandemic.

COVID 19 AWARENESS BY BRAHMANAYAKAM

Venue	Date: 10-05-2020	No. of Participants	Type of Activity
Google meet	Time: 07:30pm- 08:30pm		Campus
	Duration: 1 hr.		

DETAILS



The program was hosted by Shri Brahmanayakam Sir who interacted with the students. The participants were enlighetened about the pandemic and were informed about the future if the pandemic is not eradicated. The program improved the understanding of the participants about social distancing as well as learning to live with Covid 19 virus.

MASK MAKING TRAINING

Venue	Date: 15/05/2020	No. of Participants	Type of Activity
Google meet	Time: 07:00pm- 08:00pm		Campus
	Duration: 1 hrs.		

DETAILS



NSS SCTCE organized an online mask training course on 15/05/2020. The volunteers of NSS SCTCE were trained to make masks to be used during the pandemic. The project was part of the vision of NSS SCTCE in aiding in the fight against Covid 19. The project was in line with the mission of India to be self reliant.

MASK MAKING DAY 1

Venue	Date: 16/05/2020	No. of Participants	Type of Activity
Google meet	Time: 02.00-04.00		Campus
	Duration: 2 hrs.		

DETAILS



NSS SCTCE organized a mask making programme on 16/05/2020. The volunteers of NSS SCTCE who participated in the training program created masks to be used during the pandemic. The project was part of the vision of NSS SCTCE in aiding in the fight against Covid 19. The project was in line with the mission of India to be self reliant.

MASK MAKING DAY 2

Venue	Date: 17/05/2020	No. of Participants	Type of Activity
Google meet	Time: 02.00-04.00		Campus
	Duration: 2 hrs.		

DETAILS



NSS SCTCE organized a mask making programme on 17/05/2020. The volunteers of NSS SCTCE who participated in the training program created masks to be used during the pandemic. The project was part of the vision of NSS SCTCE in aiding in the fight against Covid 19. The project was in line with the mission of India to be self reliant.

MASK MAKING DAY 3

Venue	Date: 18/05/2020	No. of Participants	Type of Activity
Google meet	Time: 02.00-04.00		Campus
	Duration: 2 hrs.		

DETAILS



NSS SCTCE organized a mask making programme on 18/05/2020. The volunteers of NSS SCTCE who participated in the training program created masks to be used during the pandemic. The project was part of the vision of NSS SCTCE in aiding in the fight against Covid 19. The project was in line with the mission of India to be self reliant.

AUTOMATIC HANDWASH MACHINE

Venue	Date: 22-05-20 to 28-05-2020	No. of Participants	Type of Activity
Google meet	Time: 5 days		Campus
	Duration: 7 hrs.		

DETAILS



NSS SCTCE conducted a Handwash Machine Making Programme on 22/05/2020 to 28/05/2020 from 09:00 am to 04:00 pm at Pappanamcode. The Automated Handwash Machine was made to aid the Regional Cancer Centre in ensuring the prevention of the spread of Covid 19. The project was in line with the vision of NSS SCTCE of a saver and healthier India.